

# 2020/2021 PE AND SPORT PREMIUM DEVELOPMENT PLAN

## *EVIDENCING THE IMPACT & SUSTAINABILITY*

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement

**SCHOOL**

**Meadowside Primary School**

**HEAD TEACHER**

**Josie Garnham**

**PE COORDINATOR**

**Claire Flavell**



## **PE and School Sport Premium – The purpose**

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2021 to 2022 academic year, to encourage the development of healthy, active lifestyles.

## **Vision - Government**

All pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport

## **Our School**

At Meadowside, we aim to provide a PE curriculum for pupils from Reception to Year 6, not only to enjoy, but which also allows them to experience a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

## **Key outcome indicators; updated for 2021/2022**

Schools can use the funding to secure improvements in the following indicators;

### **Key outcome indicator 1: Engagement of all pupils in regular physical activity**

For example, by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

### **Key outcome indicator 2: Profile of PE and sport is raised across the school as a tool for whole-school improvement**

For example, by:

- encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

### Key outcome indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

For example, by:

- providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

### Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils

For example, by:

- introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sport activities and clubs
- providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

### Key outcome indicator 5: Increased participation in competitive sport

For example, by:

- increasing pupils' participation in the [School Games](#)
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations

## Plan for PE and School Sport Premium expenditure 2021/2022

Key priorities to date	Key areas for improvement	Key Learning / What will change next year (2022/2023) <i>Does this reflect value for money in terms of the budget allocated</i>
<p><b>1. Engagement of all pupils in regular physical activity</b></p>	<ul style="list-style-type: none"> <li>• Fortnightly report on PE to parents using Meadowside Matters – fixtures, sports Crew, lunchtimes.</li> <li>• To re-introduce the daily mile across Key Stage 1 and 2</li> <li>• Lunchtime self-challenges on Key Stage 2 playground – run by Mr Tranmner</li> <li>• Morning sensory circuits aimed at identified SEND group – run by Miss Glide.</li> <li>• Walk to school week March/April.</li> <li>• Bikeability UKS2.</li> </ul>	<p>Match reports and other sports related topics have been shared with the parents. All staff should be encouraged to share not just the PE Lead.</p> <p>The Daily Mile was not established this Year but did introduce to reception as an add on at the end of lunch which worked well. Will propose this for September.</p> <p>Mr Tranmer ran several sports activities with targeted children. They completed Boccia, basketball, archery, Athletics, and netball. Mr Reilly set up his own KS2 football tournament which was well supported by the children. We managed to track our KS2 afterschool activities and 33% of KS2 do at least 4 sports activities a week.</p>

	<ul style="list-style-type: none"> <li>• After school sports clubs: Football (Kettering town) Tennis (Kettering Tennis Club) Multi skills, Archery, Gymnastics (Mr Tranmer)</li> <li>• Swimming moved to Year 4 – Longer lessons with no change over time wasted.</li> <li>• Top up swimming lessons for Year 6 in Summer term.</li> </ul>	<p>The sports clubs are well attended and are looking to introduce some alternative clubs in September such as Cheerleading. Swimming was more successful with Year 4 and Year 6 completed their missed sessions from the COVID period.</p>
<p><b>2. Profile of PE and sport is raised across the school as a tool for whole-school improvement</b></p>	<ul style="list-style-type: none"> <li>• Fortnightly reports on Meadowside Matters</li> <li>• Daily Mile training delivered to staff</li> <li>• Heat map for KS2 and identify strategies for more physical activity.</li> <li>• Meet with SLT termly</li> <li>• Deep dive in PE with LA School Improvement Partner.</li> <li>• Equipment is organised, accessible and fit for purpose.</li> <li>• Saint Rugby Club working with Year 5 to deliver Tag rugby unit.</li> <li>• To attend 9 school games events throughout the year.</li> <li>• To organise Football tournaments against St. Mary's after school.</li> </ul>	<p>The sports profile has most definitely raised. OFSTED came in and carried out a deep dive in PE, which the overall rating was GOOD.</p> <p>The last creative mission was based around the Commonwealth games. In class the children learnt dances from around the commonwealth and learnt about their countries geographically. We invited a member of a wheelchair basketball team to come and inform the children of the sport and demonstrate the wheelchair in action. Then over two days all children took part in a full day of sports. We planned fully inclusive sports activities and races. We had an opening ceremony where the children performed their dances and paraded flags from their chosen country to which parents were invited.</p> <p>We attended 9 school games and would have liked to have attended more but staffing proved difficult due to COVID.</p>
<p><b>3. Increase confidence and skills of staff in teaching PE and Sport</b></p>	<ul style="list-style-type: none"> <li>• Staff to teach good quality PE lessons twice a week following the Get Set 4 PE Scheme of Work.</li> <li>• Sports leadership and advisory role using Mr Tranmer to upskill staff.</li> <li>• To carry out a Staff questionnaire to ensure staff are supported to teach PE.</li> <li>• Staff to teach good quality PE lessons twice a week.</li> <li>• CPD for all staff- CF to circulate any CPD for staff through email.</li> </ul>	<p>Lesson observations were carried out during the spring term by the PE Lead and by OFSTED. Lessons were well delivered, and skills being taught showed progression across the school. MR Tranmer's training focused on the use of gymnastic equipment. The feedback from staff was positive. Another staff questionnaire will be completed in September. CPD was circulated but no one wanted to attend any training.</p>

<p><b>4. Broader experience of a range of sports and activities offered to all pupils</b></p>	<ul style="list-style-type: none"> <li>• Invite local sports clubs to run after school clubs and coaching to year group bubbles. E.g. Northamptonshire Cricket, Kettering football club, Kettering Tennis Club, Saints Rugby Club</li> <li>• To develop leadership skills with Year 5 and 6 through the Sports Crew programme to deliver Level Zero and Level One activities.</li> </ul>	<p>We have used Kettering town football club, Hotshots basketball club, Northampton Cricket club, Saints Rugby Club and Kettering tennis coaching clubs coming into school to run afterschool clubs, coaching during PE lessons and taster session. The feedback from pupil and staff was positive. Mr Tranmer has been developing the sports crew to run lunchtime activities with targeted children. So far, they have taken part in 5 Level 1 sessions during lunchtime. The sports crew have also been helping us to gather data such as the pupil voice and monitoring their sports participation outside of school. We purchased an outdoor table tennis set which is rotated around all KS2 Classes.</p>
<p><b>5. Increased participation in competitive sport</b></p>	<ul style="list-style-type: none"> <li>• KS2 to take part in intra competitions 3 times a term using the KSSP School Games framework.</li> <li>• KS2 to take part in an inter competition 3 times a term Using the Year 5 Sports Crew.</li> <li>• KS2 to take part in self competitive activities 3 times a term using the Year 6 Sports Crew.</li> </ul>	<p>We started running the KS2 Level 0 activities in September and we ran those using the sports Crew they were well supported by the children. We have a register of those who have attended 55% of KS2 have attended an Intra competition this year. We have a register of those who have attended 40% of KS2 have attended an Inter competition this year.</p>

## Meeting national curriculum requirements for SWIMMING and WATER SAFETY

### You can use your funding for:

- ✓ Professional development and training that are available to schools to train staff to support high quality swimming and water safety lessons for their pupils.
- ✓ Additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water.

**Schools are required to publish information on the percentage of their pupils in year 6 who met each of the 3 swimming and water safety national curriculum requirements**

Outcome	% of pupils achieving outcome			
	2018/2019	2019/2020	2020/2021	2021/2022

Swim competently, confidently and proficiently over a distance of at least 25 metres	42%	Not Completed Due to COVID	Not Completed Due to COVID	40%
Use a range of strokes effectively; front crawl, backstroke and breaststroke	25%	Not Completed Due to COVID	Not Completed Due to COVID	38%
Perform safe self-rescue in different water-based situations	42%	Not Completed Due to COVID	Not Completed Due to COVID	40%
The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water. <b>Have you used and funding for this purpose?</b>	NO	Not Completed Due to COVID	Not Completed Due to COVID	YES

## PE and School Sport Development Plan

<b>2020/2021 Total funding allocated</b>	<b>£19 310</b> <b>£16,000 + £10 per pupil (Year 1 – Year 6)</b>	
<b>Key outcome indicator 1:</b> Engagement of all pupils in regular physical activity	<b>Planned expenditure: £2000</b>	<b>Actual Expenditure:</b> 4246.00
<b>Key outcome indicator 2:</b> Profile of PE and sport is raised across the school as a tool for whole-school improvement	<b>Planned expenditure:£2000</b>	<b>Actual Expenditure:</b> 100.00
<b>Key outcome indicator 3:</b> Increased confidence, knowledge and skills of all staff in teaching PE and sport	<b>Planned expenditure:£10310</b>	<b>Actual Expenditure:</b> £16875.00
<b>Key outcome indicator 4:</b> Broader experience of a range of sports and activities offered to all pupils	<b>Planned expenditure:£3000</b>	<b>Actual Expenditure:</b> £1210.85
<b>Key outcome indicator 5:</b> Increased participation in competitive sport	<b>Planned expenditure:£2000</b>	<b>Actual Expenditure:</b> £1500.00

## Accountability

It is a statutory requirement of Ofsted, under their Common Inspection Framework, to ensure that information on the use of the Primary PE and Sport Premium is available on your school website. One of the key purposes of putting information on the school website is to keep parents informed, so this information should be written in a format that is clear and easily accessible.

<b>Completed by:</b>	Claire Flavell	<b>Date:</b>	October 2021	<b>Review Date:</b>	July 2022
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## Department for Education guidance on how to use the Primary PE and Sport Premium – updated November 2019

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The [School Sport and Activity Action Plan](#) set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the [Chief Medical Officer guidelines](#) which recommend an average of at least 60 minutes per day across the week).

The PE and Sport Premium can help primary schools to achieve this aim, providing primary schools with £320m of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools so they have the flexibility to use it in the way that works best for their pupils. The [PE and Sport Premium survey](#) highlighted the significant impact which PE and Sport has had in many primary schools across England.

### **Schools must use the funding to make additional and sustainable improvements to the quality of physical education (PE), physical activity and sport you offer.**

This means that you should use the premium to:

- ✓ Develop or add to the PE, physical activity and sport activities that your school already offers
- ✓ Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

### **Schools can use the premium to secure improvements in the following indicators:**

1. The engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

### **Active Miles**

Where schools choose to take part in an active mile, you should use your existing playgrounds, fields, halls and sports facilities to incorporate an active mile into the school day and develop a lifelong habit of daily physical activity.

### **What should you funding NOT be used for?**



You should not use your funding to:

- ✗ Employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements – these should come out of your core staffing budgets
- ✗ Teach the minimum requirements of the national curriculum – with the exception of top-up swimming lessons after pupils' completion of core lessons (or, in the case of academies and free schools, to teach your existing PE curriculum)
- ✗ Fund capital expenditure – the Department for Education does not set the capitalisation policy for each school. School business managers, school accountants and their auditors are best placed to advise on a school's agreed capitalisation policy

## Schools compliance

Schools are accountable for their use of the PE and Sport Premium funding allocated to them. Schools are expected to spend the grant for the purpose it was provided only – to make additional and sustainable improvements to the PE, sport and physical activity offered. Schools and local authorities must follow the terms and conditions in the [conditions of grant documents](#).

## Ofsted inspections

Ofsted's new [Inspection Framework](#), which came into effect from September 2019, gives greater recognition to schools' work to support the personal development of pupils, such as the opportunities they have to learn about eating healthily and maintaining an active lifestyle. Inspectors will expect to see schools delivering a broad, ambitious education, including opportunities to be active during the school day and through extra-curricular activities. Schools should consider how they use their PE and Sport Premium to support this.

## Online reporting

You must publish details of how you spend your **PE and sport premium funding** by the end of the summer term or by 31 July 2022 at the latest.

Online reporting must include:

- ✓ The amount of premium received
- ✓ A full breakdown of how it has been spent
- ✓ The impact the school has seen on pupils' PE, physical activity, and sport participation and attainment
- ✓ How the improvements will be sustainable in the future

You are also required to publish the percentage of pupils within your year 6 cohort in the 2021 to 2022 academic year who met the **national curriculum swimming** requirement to:

- ✓ Swim competently, confidently and proficiently over a distance of at least 25 metres
- ✓ Use a range of strokes effectively
- ✓ Perform safe self-rescue in different water-based situations
- ✓ Attainment data for year 6 pupils should be provided from their most recent swimming lessons. This may be data from years 3, 4, 5 or 6, depending on the swimming programme at your school.

## Review of online reports

Schools' online reporting is monitored through an annual sample of schools in each local authority. Active Partnerships review the published information on selected schools' websites to ensure it meets the requirements on premium funding and swimming attainment. The results are reported to the Department for Education, and also help to ensure that Active Partnerships can offer schools in their local area the most relevant support.

### **Useful websites**

#### **PE and sport Premium: conditions of the grant 2020 to 2021**

<https://www.gov.uk/government/publications/pe-and-sport-premium-conditions-of-grant-2020-to-2021>

#### **PE and sport premium for primary schools**

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

#### **Association for Physical Education**

<http://www.afpe.org.uk/physical-education/advice-on-sport-premium/>

#### **Youth Sport Trust**

<https://www.youthsporttrust.org/PE-sport-premium>